



THE AMERICAN LEGION

MORGAN McDERMOTT POST #7

330 W. FRANKLIN STREET, TUCSON, AZ 85701-8208
 TEL. 520-622-8703
 EMAIL: [post7 @ morganmcdermottpost7.com](mailto:post7@morganmcdermottpost7.com)

FEBRUARY, 2010



There are 20,000 American POW's from World War II, 5,000 from Korea and hundreds from Viet Nam. We can't read it too often and we can't remember them often enough. If they can't be home with us, let's make sure they are with us in spirit and in our hearts. Perhaps it will give another ounce of courage and the strength to hold on another day until the time they are released and returned to their homes and a grateful nation.



COMMANDER'S MESSAGE

Abraham "Abe" Rodriguez, Commander

First off, I would like to remind the members who have not paid their dues, to please do so as soon as possible! To the ones who have, if you get a letter that you have not paid your dues, it is sent by National, so don't worry if you have your new card that is proof that you have paid.

Don't forget the S.A.L.'s will have a Super Bowl Party on Saturday, February 13. And their first HEART BALL to benefit FISHER HOUSE. If you have not heard of FISHER HOUSE, ask CMDR. JOE ROBERTS, and he will be more than happy to answer all of your questions; or stop by the Club and pick up a copy of the booklet.

Please look on the Post Web site for all the upcoming events, as it gets updated weekly so that you can be informed of the activities at the Post.

Remember that Post 7 is your Post, and without you, we wouldn't have a Post.

I can be reached on my cell phone or at the Post after 17:00. For God and Country, Abraham "Abe" Rodriguez

S.A.L. SQUADRON #7

JOE ROBERTS, COMMANDER

Hello everyone, We are well into the new year, and we have lots of events on the horizon. Squadron 7 is proud and honored to play a role in the success of this Post. Our officers and members have done a magnificent job of stepping up and giving 100%. Thank you all. Our next event is on Super Bowl Sunday, February 7. It begins with the Four Chaplains ceremony at 2:00 PM. I urge everyone to attend this inspirational program. I will be participating for the second year, and Post Chaplain Dennis Matson always does a wonderful job.

And be sure to be there in the afternoon as well. Starting at 5:00 we will again be serving hamburgers and hot dogs for only \$4.00 per person. Watch the big game on one of our big screen TVs and have some fun with your fellow members.

As I mentioned last month, we will not be serving steaks in February. Instead, we are having a fund raiser for Fisher House on Saturday February 13

POST OFFICERS

COMMANDER	ABE RODRIGUEZ
SR. VICE COMMANDER	DALE MOSS
JR. VICE COMMANDER	LOREN MOSS
ADJUTANT	JIM SMITH
FINANCE OFFICER	DENNIS MATSON
CHAPLAIN	KEN JOHNSON
HISTORIAN	PARKER LANE
SERGEANT AT ARMS	LOREN MOSS
SERVICE OFFICER	ABRAM LARES
JR. PAST COMMANDER	EDDY BARNETT
EXECUTIVE COMMITTEE	CHUCK HUDSON
MEMBERS AT LARGE	GEORGE MOLINA
JUDGE ADVOCATE	LOUIE PELLON

at 6 pm. For anyone who does not know about it, Fisher House provides a "home away from home" for the families of wounded soldiers, much like Ronald McDonald House does for families of ill children. As these brave men and women recover and rehab, their families have a place to stay so that they can be near their loved ones. We will be serving chicken cordon bleu, green beans, potatoes and a roll all Plus Salad and dessert too, for only \$10 per plate. Also, we are planning to have a DJ for your dancing enjoyment afterwards. All proceeds will go to Fisher House. Please sign up at the lounge or call the office to make reservations.

We are continuing to accept donations for Fisher House with the "Heart Pledge" campaign we began in January. For either \$1 or \$5 you can put your name on a heart that will be hung on the wall. We would love to fill the wall before the dinner on the 13th.

Be sure to check out the Sunshiner next month for a special offer for the March steak fry. Those of you who attended the January steak fry know that we added shrimp to the steak menu. We are listening to what our members are saying and we hope to continue to improve what we are doing.

Finally, I want to say a word about a very hard working member that doesn't get nearly enough credit. Our janitor/Mr. Fixit/all around nice guy Richard Weichert. He quietly volunteers for nearly every event held at the Post with little or no fanfare. And he is the one responsible for keeping the whole place looking neat, clean, and orderly. Thank you Rich and keep up the good work.

Until next time Joe Roberts, Commander



LEGION RIDERS
Lou Scheer, President

No message this month.

BuzzWorks Golf-AZ

Make Your Game All That It Can Be!

ADJUTANT'S CORNER

Loren Moss, Adjutant

No message this month.



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ATTORNEY AT LAW
(520) 793-4330 • FAX (520) 881-7689
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3546 N. EUCLID AVE. • TUCSON, AZ 85719-1743

Bozz Sbaoli

Ph: 520-219-2860

Fax: 323-446-8449

E mail:
darbuzz28@q.com



LADIES AUXILIARY UNIT #7

Caroline Sibley, President

Hello Ladies, I am back.

Those of you who have not paid your 2010 dues yet are now delinquent. Please send in your dues now so you don't forget. Don't let your membership expire and lose your continuous years.

Our legion post is asking we ladies to provide desserts for the 4 Chaplains ceremony. Please let me know if you can donate and what you are bringing. It can be cookies, pie, cake, brownies or anything you want to donate. My # is 398-5306. Hope to see you there.

We wish all of you a VERY HAPPY VALENTINE DAY!

Carol Sibley, Unit 7 President

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- 2,000 sq ft - 5:30 pm Sun

Come by and see us. The coffee pot is always on!
Mention this advertisement in the Sunshiner, and get the Legion discount.

VOLUME 7, ISSUE 2

This newsletter is published monthly by Post 7 from the Legion Offices in Tucson, Arizona.

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EDITOR'S NOTES

The Post will now be accepting advertisements to offset the cost of the printing and mailing of our Sunshiner. The following annual rates will apply:

1/8 page (Business Card)	\$24.00
1/4 page.....	\$48.00
1/2 page.....	\$96.00
Full Page	\$180.00

NOTE: WHEN YOU BUY AN AD HERE, YOU GET FREE ON-LINE ADVERTISING ALSO!!

All business advertisers must have a business license, and we make no claim as to the quality of the advertiser's services, not do we express or imply an endorsement of the advertisers. If you patronize any of our advertisers, please let them know that you saw their advertisement in our Sunshiner Newsletter. ATTENTION: If you are receiving more than one Sunshiner Newsletter per address, please let us know so extras can be deleted. This will help us cut down on our postage and printing costs. Also let us know should you decide to read the Sunshiner on line at <http://morganmcdermottpost7.com>. This will also help keep our costs down. You can print the calendar at this site.